



# Spring 2024 Member Update

The new membership year is well underway, and we are thrilled to see our community growing stronger. The 2023-2024 membership year concluded with over 9,000 members and 18,000 registered horses, a testament to the thriving equestrian spirit across New South Wales.

The last few months have been a whirlwind of activity, in all disciplines, with 1,132 official dressage tests and 1,083 official jumping rounds ridden at events ranging from local club competitions to prestigious State Championships and World Cup qualifiers. Eventing have held successful events at Denman, Canberra, the Riverina, and SIEC. Last weekend the ENSW Show Horse Committee ran the Horse of the Year competition following up from the Junior Show Horse Championships in July. Vaulting NSW held the Vaulting State Championships in June and have again hosted an overseas coach to provide the best possible coaching to their squads. This weekend the National Interschool Championships were run in Tamworth with NSW taking out many placings and team championships.

It's an exciting time to be part of the equestrian community!

## Safety Update – Concussion Rules

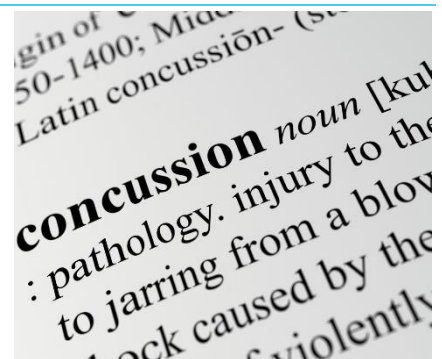
Equestrian Australia has introduced updated concussion rules as recommended by the Australian Sports Commission who have based their guidelines on research into the long-term impact of concussion and best practice management. These rules now require a break of 21 days from competition following a reported concussion. Athletes can recommence training during that period in line with guidance from a medical professional. Athletes can return to competition after 21 days, provided they have obtained and provided a medical clearance certificate to EA Safety.

More information is available here:

[Concussion in Australian Sport | Concussion in Australian Sport \(concussioninsport.gov.au\)](https://www.concussioninsport.gov.au/)

This month's issue of The Eventer has an excellent article on concussion, including personal stories of athlete's experience with the effects of concussion. Many thanks to Alison Duthie from The Eventer for allowing us to share the article for the benefit of all ENSW members.

<https://cloud.3dissue.net/19040/19092/19236/117451/index.html>



# AGM – 7<sup>th</sup> November via ZOOM

The Equestrian NSW AGM will be held via ZOOM at 7pm on the 7<sup>th</sup> November. The Annual Report and meeting details will be provided closer to the date.

## Equestrian NSW Board and Committee Nominations

Nominations are now open to financial members of Equestrian NSW who are 18 years or older for the Equestrian NSW Board and the following sub-committees:

- Amateur Equestrian
- Coaching (must also be a current, EA accredited coach)
- Driving
- Interschool
- Para Equestrian
- Show Horse,
- Vaulting

**You can nominate yourself via this link: <https://forms.office.com/r/2dnd62tB7F>**

All positions are volunteer positions. *Nominations close on the 2nd October.* A brief description of the role of each group is provided below:



## Equestrian NSW Board

The Equestrian NSW Board's key responsibilities are:

- To act in the best interests of EQUESTRIAN NSW as a whole;
- Observe their duties as Directors in terms of the Associations Incorporation Act 2009 (NSW), common law, the EQUESTRIAN NSW constitution, by-laws and any other relevant legislation; and
- Provide strategic direction for EQUESTRIAN NSW and effective oversight of Management.



## Amateur Equestrian Committee

Adult Amateur Riders make up a significant number of the members of Equestrian NSW. The Equestrian NSW Adult Amateur Committee is established to facilitate adult, amateur activities on behalf of Equestrian NSW. The primary purpose of this committee is to support adult, amateur athletes in accordance with Equestrian NSW's values and strategic plan.

## Coaching Committee

The mission statement of the Coaching committee is "To encourage and support our coaches to deliver great coaching & reach recognised standards. To help them feel more valued and supported in their role."

## Driving Committee

The Driving Committee is not currently operational. ENSW is seeking to re-establish a driving committee to facilitate and promote this discipline within the state.

## Interschool Committee

The Equestrian NSW Interschools Committee is dedicated to fostering the growth and success of junior members within the equestrian community. Our mission is to represent the needs of junior members by providing support, resources, and opportunities that facilitate their development as athletes, leaders, and ambassadors for the sport of equestrian in accordance with Equestrian NSW's values and strategic plan.

## Para Equestrian Committee

Athletes with a disability (para-equestrians) requiring some level of adaption to ride make up a small but growing number of the members of Equestrian NSW. The Equestrian NSW Para Equestrian Committee (ENSW PEC) is established to facilitate activities for para equestrians on behalf of Equestrian NSW. The primary purpose of this committee is to support athletes with a disability in accordance with Equestrian NSW's values and strategic plan.

## Show Horse Committee

The Show Horse committee is comprised of dedicated, hardworking people who are striving to develop Show Horse in NSW and create more competition and training opportunities for members. The Show Horse committee also works to educate and accredit Show Horse Judges and Officials.

## Vaulting Committee

The Vaulting committee is a hardworking group of volunteers who are striving to develop Vaulting in NSW by encouraging more competition, education and training opportunities for all members. The Vaulting committee also supports the Judges & Officials groups in accordance with the Vaulting NSW's values and strategic plan.

I hope that you will consider joining one of our volunteer groups that contribute so much to our sport.

Regards,

*V Peacock*

Vireena Peacock (CEO ENSW)

